

ALL THE FEELS

A LENTEN JOURNEY THROUGH THE PSALMS

Forest Hills Mennonite Church - Lent 3 - March 20, 2022

G A T H E R I N G

Prelude

Gathering Songs:

Great Is the Lord

He Has Made Me Glad

Worship Book No. 87

Based on Psalm 100:4

"Enter his gates with thanksgiving, and his courts with praise."

Call to Worship and Invocation

Ruth Ann Martin

Passing the Peace

C O N N E C T I N G

Congregational Singing

Waymaker

Abide With Me

Worship Book No. 653

Offering Prayer

Offertory: *He Will Hold Me Fast*

Children's Time

Jon Carlson

R E F L E C T I N G

Congregational Singing:

Oceans

It Is Well with My Soul

Worship Book No. 336

Based on Psalm 116:7

"Return, O my soul, to your rest, for the Lord has dealt bountifully with you."

Scripture: Psalm 55:1-11

Sermon: *Fear (Less?)*

Jon Carlson

Response Song: *No Longer Slaves*

S E N D I N G

Congregational Prayer

Benediction

Postlude



CARES & CONCERNS >>>

As the cares and concerns of our congregation come to mind,
please lift them to the Lord in prayer:

- ❖ Those amid treatments for cancer: Barb Weatherholtz, Dale Gamber, and Joyce Peifer.
- ❖ Those grieving the loss of family members or friends.
- ❖ Parents of children with additional needs.
- ❖ College students in the middle of the spring semester.
- ❖ Those experiencing chronic illness, their families, and their care providers.

ANNOUNCEMENTS >>>

No Coffee Fellowship after the service today: Instead, everyone is invited to stay for the fundraiser luncheon provided by our Junior Youth.

Welcome Guests! We are glad you are with us today. We hope that you will encounter God's presence as you worship with us today and will find yourself renewed and challenged in your journey with God. Let us know you're here by scanning the QR code and filling out the online Visitor Form:



Forest Hills Ladies are invited to a *Soup and Socks* evening of fellowship on Thursday, March 24, from 6-8:30 p.m. in the fellowship hall (this is a change from the time listed on the church calendar). Sign up to bring a soup, salad, bread, or dessert:

<https://www.signupgenius.com/go/60b084dafa92fa2fa7-march>. For any questions contact Nina Harnish.

The Junior Youth will hold their annual Pinewood Derby competition this Sunday, March 20. Everyone is invited to stay after church for a fundraiser lunch (chili and baked potato bar), hosted by the Jr. Youth and the MYF, that will be followed by the derby. Proceeds support our Junior Youth program for 6th-8th graders as well as our MYF (Youth Group, Gr. 9-12) service trip this summer.

If your class, commission, or committee has meetings or activities planned for the month of April, please submit these dates to the church office by Wednesday of this coming week, March 23, so that they can be included on the next church calendar.

The My Coins Count jug has been placed in the church foyer. This year's donations will support Mennonite Central Committee's food programs. To contribute, place coins and dollars in the jug outside the ushers' room. The money will be delivered to the PA Relief Sale on April 1-2.

ANNOUNCEMENTS >>>

Lancaster Mennonite School is once again offering a Partner Church Scholarship program for the upcoming 2022/23 school year. Through the program, LMS matches up to \$2,000 per student that Partner Churches sponsor to attend LMS. Forest Hills participates in the program through a designated fund separate from the Church's general fund and budget. To donate to the fund, make checks payable to Forest Hills Mennonite Church and write LMS Partnership Fund on the memo line. If you have questions about the program or have children enrolled or considering enrollment at LMS, please contact Rod Lefever (rod@thelifevers.com or 717-413-4553). The application deadline is April 1.

There is a box in the lobby to collect donations for health and relief kits to be sent to Ukraine through Mennonite Central Committee. Visit www.mcc.org for list of items needed. Please bring all donations to the church by March 27. Thank you to Nolt Dental Associates for collecting and transporting the donations to MCC.

Church council has discussed the results of the survey that was sent to Forest Hills congregants about the upcoming Mennonite Church USA delegate assembly. The feedback from this survey and from our recent Sunday school discussion will be shared with the delegates representing our congregation. If you have not yet filled out the survey, you can do so here: <https://fhmc.church/mcusa>. Please submit your responses prior to April 4. If you have already filled out the survey and had a significant change of opinion after the Sunday school discussion, please contact Jon Carlson or Jerry Lile to let them know.

Calling all greeters. Greeters are needed for May and June. Sign up after the service today! Kathy Unangst will be in the lobby with the schedule. Greeting is a great way to see your friends and welcome visitors.

The Atlantic Coast Conference Annual Spring Assembly is being held at James Street Mennonite Church on April 23, 9 a.m. - 3:30 p.m. The morning delegate session will include reporting along with other important business. Following lunch, afternoon seminars will cover a variety of topics in both informational and conversational styles. Registration will be open Sunday, March 20, at www.atlanticcoastconference.net/assembly.

LOOKING AHEAD:

- ❖ **April 14** - Holy Thursday service, 7 p.m.
- ❖ **April 17** - Easter - 9:30 a.m. Breakfast, 10:30 a.m. Worship.
- ❖ **May 15** - Youth Sunday & Baptisms.

UPCOMING MYF EVENTS:

- ❖ **March 25-27** - Spiritual retreat at Camp Eder.
- ❖ **April 3** - Bubble soccer at the Sharps' home.

H O S P I T A L I T Y H E L P E R S

- ❖ Head Usher: Larry McJunkin
- ❖ Audio Visual Technicians: Dean Jantzen, Jim Shannon, Dana Shannon, Dylan Jantzen, Micah Carlson
- ❖ Greeters: Yvonne & Vernon Kauffman
- ❖ Befrienders: Becky & Les Siegrist
- ❖ Coffee Fellowship: Bonnie & Denny Sharp

T O D A Y

- ❖ 9:30 a.m. - Sunday School for all ages.
- ❖ 10:30 a.m. - Worship in-person or online. The service can be streamed on YouTube: www.fhmc.church/youtube or Facebook: www.facebook.com/foresthillsmennonite.
- ❖ After the service - Jr. Youth and MYF fundraiser meal and Pinewood derby.

T H I S W E E K

- ❖ Thursday, 6 p.m. - Ladies Soup and Socks evening in the fellowship hall.
- ❖ Friday - Sunday - MYF (Youth Group, Gr. 9-12) retreat at Camp Eder.

N E X T S U N D A Y

- ❖ Lent 4 - Milt Stoltzfus will preach.

WEEKLY REPORT (3/13)

Offering report will be included in the bulletin next week.

Attendance : 147

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Staff and Leadership Teams

Jon Carlson - Lead Pastor

Becky Degan - Assoc Pastor of Worship and Christian Education

Nina Harnish - Minister of Care and Visitation ~ Lauren Krady - Administrator

Becky Bathurst - Youth and Young Adult Director ~ Lesley Wenger - Custodian

Randy Esch, Kay Hurst, Keith Stuckey - Elders

Louetta Hurst, Ruth Ann Martin, Clair and Doris Sauder

Warren and Linda Tyson, Kathy Unangst - Care Team